

Tine Sylvest

Psychotherapist, clinical supervisor, teacher
Rehabilitation psychotherapist authorized by Kela

WORK EXPERIENCE

- 2018- Sundom Frivilliga Krisgrupp
Crisis group work
- 2012- Åbo Akademi University, Vasa and Åland
Open University
Teacher at the course "Introduktion till konstterapi"
(Eng. Introduction to Art Therapy).
- 2006- Åbo Akademi University, at several locations in Finland
Open University
Teacher at the course workplace psychology:
leadership and advanced leadership.
- 2004- Dansk Psykoterapeutforening, Copenhagen
Member of the association
- 1997- Svenska Yrkeshögskolan (curr. Novia) and
Svenska Yrkesinstitutet (curr. YA), Ostrobothnia
Teaching and supervisor assignments in different educational institutions,
mainly within the field of social – and health care.
- 1997- Unicorn Music & Therapy, Vasa
Psychotherapy private practice
Sole proprietor
- 2015-2016 Åbo Akademi University, Vasa
Department of Developmental Psychology in the Faculty of Education and
Welfare Studies Teacher at the course "Conflict resolution and
communication" together with the psychologist Bo Mellberg. Program:
Peace, Mediation and Conflict Research

- 2014-2016 Åbo Akademi University, Vasa
*Department of Developmental Psychology in the Faculty of Education and Welfare Studies Teacher at the course "Self-knowledge and negotiation".
Program: Peace, Mediation and Conflict Research*
- 2007 Åbo Akademi University, Vasa and Helsingfors
*Further education
Teacher in clinical supervision*
- 1995-1998 Vincent Music, Jakobstad
Psychotherapy private practice and concert activity

EDUCATION

- 2017-2019 Åbo Akademi, Vasa
*Open University
Crisis psychology*
- 2009-2010 Vasa Hospital District, Vasa
*EMDR-therapist education
Trauma treatment*
- 2005-2006 Dansk Psykoterapeutforening, Copenhagen
Clinical supervisor education
- 2004-2006 Svenska Yrkehögskolan Novia, Vasa
Family therapist education
- 2001-2004 Spektrum, Copenhagen
Drawing image therapist education
- 2001-2002 Svenska Yrkesinstitutet, Vasa
Took the course "Vård av och omsorg om människor som varit utsatta för sexuella övergrepp" (Eng. Caring for people who are the victims of sexual abuse).
- 1994-1996 Skolen for Kunst og Psykoterapi, Copenhagen
Art therapist education